

Determination of antioxidant activity of the selected extracts of *Homonoia Retusa.*, isolation and characterization of phytoconstituents of the ethanol extract by column chromatography.

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ABSTRACT:

The present study involves the determination of antioxidant activity of the selected extracts of *Homonoia Retusa.*, isolation and characterization of phytoconstituents of the ethanol extract by column chromatography. The antioxidant potential of plant stem extracts were investigated by hydroxyl radical scavenging activity, super oxide free radical scavenging activity, DPPH assay, nitric oxide radical scavenging activity, total antioxidant activity. Among the three extracts ethanol extract was having maximum antioxidant activity. So the ethanol extract was subjected to column chromatography, by means of gradient elution technique. The fractions 272-306, gave the compound B1. Later by spectral analysis they were found to be **Coumaric acid-O-glucoside**

KEYWORDS : *Homonoia Retusa.*, Soxhlet extractor, hydroxyl radical scavenging activity, super oxide free radical scavenging activity, DPPH assay, nitric oxide radical scavenging activity, total antioxidant activity, **Coumaric acid-O-glucoside.**

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I. INTRODUCTION

There are a number of higher plant species on this planet of which 250,000 are estimated^{2,3}. Out of these, only about 6% have been screened for biologic activity and 5% have been evaluated phytochemically⁴. It was estimated in 1991 in United States that for every 10,000 pure compound that are biologically evaluated, 20 would be tested in animal models, and 10 of these would be clinically evaluate, and one would reach U.S. Food and Drug Administration approval for marketing. The time required for this process was estimated as 10 years at a cost of \$231 million⁵.

Reactive Oxygen Species (ROS) such as superoxide anion, hydroxyl radical and hydrogen peroxide play a crucial role in the development of various ailments such as arthritis, asthma, dementia, mongolism, carcinoma and Parkinson's disease. The free radicals in the human body are generated through aerobic respiration or from exogenous sources⁶. Some of the in vivo free radicals play a positive role in phagocytosis, energy production and regulation of cell growth, etc. However, free radicals may also be dangerous. Free radicals produced in the body react with various biological molecules namely lipids, proteins and deoxyribonucleic acids resulting

in the imbalance between oxidants and antioxidants. Even though our body is safeguarded by natural antioxidant defense, there is always a demand for antioxidants from natural sources⁷. Phenolic compounds from medicinal plants possess strong antioxidant activity and may help to protect the cells against the oxidative damage caused by free-radicals⁸. They are well known as radical scavengers, metal chelators, reducing agents, hydrogen donors, and singlet oxygen quenchers⁹

Antioxidants from plant materials terminate the action of free radicals, thereby protecting the body from various diseases¹⁰. There is a growing interest all over the world for discovering the untapped reservoir of medicinal plants. Hence, the present study was aimed at measuring the antioxidant activity and the compounds responsible for the activity in *Homonoia Retusa.*

Homonoia Retusa. belongs to the family Sapotaceae, this is a medium sized tree, bark dark brown. Leaves simple, crowded at the tips of branchlets, linear-oblong or oblanceolate, acute or obtuse, 7.5-25x 2.5-6 cm. Flowers yellowish white, in clusters of 4- 10, axillary or from the scars of fallen leaves. Fruits ellipsoid, about 2.5 cm long. Flowers are used in the treatment of kidney complaints. Fruits

are recommended in cases of rheumatism, biliousness, asthma and worm trouble. Oil from seeds are used to treat rheumatism and for improved growth of hair.¹¹

From the literature it was found that no other study regarding the antioxidant activity of the plant *Homonoia Retusa.*, has been conducted and as the plant was used to treat rheumatism and other ailments which is caused due to free radical activity we decided to go for antioxidant study.¹²⁻¹³

II. MATERIALS AND METHODS

Plant material and preparation of the extract

Fresh stem of *Homonoia Retusa.* was collected from the outskirts of Kerala, authenticated and identified by Dr. St. Tessa Joseph, H.O.D, Dept of Botany, Nirmala College of pharmacy, Kerala. Shadow dried and powdered. Powdered material was passed through sieve No.60. Then extracted separately using hexane, petroleum ether, chloroform, ethyl acetate, ethanol by the Soxhlet extraction method. The hot percolation method was employed for water for 48 hrs. The extracts were concentrated using a rotary vacuum evaporator. Dried extracts were stored in an airtight container and placed in refrigerator.

Antioxidant assays

HYDROXYL RADICAL SCAVENGING ACTIVITY

This assay is based on the quantification of the degradation product of 2-deoxyribose by condensation with TBA. Hydroxyl radical was generated by the Fe³⁺-ascorbate-EDTA-H₂O₂ system (The Fenton reaction). The reaction mixture contained in the final volume of 1 mL: 2-deoxyribose (2.8mM), KH₂PO₄-KOH buffer (20 mM pH 7.4), FeCl₃ (100μM), EDTA (100μM), H₂O₂ (1.0mM), ascorbic acid (100μM) and various concentrations (0-200μg/ml) of the extracts. After incubation for 1 hour at 37°C, 0.5 ml of the reaction mixture was added to 1ml of 2.8% TCA, then 1ml aqueous TBA was added and the mixture was incubated at 90°C for 15 minutes to develop the color. After cooling the absorbance was measured at 532nm against a blank solution.

CALCULATION:

$$\% \text{ inhibition} = \frac{\text{control} - \text{test}}{\text{control}} \times 100$$

SUPER OXIDE FREE RADICAL SCAVENGING ACTIVITY

Super oxide is biologically important as it can form singlet oxygen and hydroxyl radical. Overproduction of super oxide anion radical contributes to redox imbalance and associated with harmful physiological consequences. Super oxide anion is generated in riboflavin-NADH system by the

oxidation of NADH and assayed by the reduction of NBT resulting in the formation of blue formazan product. Different concentrations of extracts (125-2000μg/ml), 0.05ml of Riboflavin solution (0.12mM), 0.2 ml of EDTA solution [0.1M], and 0.1 ml NBT (Nitro-blue tetrazolium) solution [1.5mM] were mixed in test tube and reaction mixture was diluted up to 2.64ml with phosphate buffer [0.067M]. The absorbance of the solution was measured at 560nm using DMSO as blank after illumination for 5 min and difference in OD was determined after 30 minutes incubation in fluorescent light. Absorbance was measured after illumination for 30 min. at 560 nm on UV visible spectrophotometer.

CALCULATION:

$$\% \text{ inhibition} = \frac{\text{control} - \text{test}}{\text{control}} \times 100$$

DPPH assay

The radical scavenging activity of different extracts was determined by using DPPH assay according to. The decrease in the absorption of the DPPH solution after the addition of an antioxidant was measured at 517 nm. Ascorbic acid (10mg/ml DMSO) was used as reference. 1,1-diphenyl-2-picrylhydrazyl is a stable free radical with red color which turns yellow when scavenged. The DPPH assay uses this character to show free radical scavenging activity. The scavenging reaction between (DPPH) and an antioxidant (H-A) can be written as, DPPH + [H-A] → DPPH-H + (A). Antioxidants react with DPPH and reduce it to DPPH-H and as a consequence the absorbance decreases. The degree of discoloration indicates the scavenging potential of the antioxidant compounds or extracts in terms of hydrogen donating ability. Different volumes (1.25-10μl) of plant extracts were made up to 40μl with DMSO and 2.96ml DPPH (0.1mM) solution was added. The reaction mixture incubated in dark condition at room temperature for 20 minutes. After 20 minutes, the absorbance of the mixture was read at 517nm. 3ml of DPPH was taken as control.

CALCULATION

$$\% \text{ inhibition} = \frac{\text{control} - \text{test}}{\text{control}} \times 100$$

NITRIC OXIDE RADICAL SCAVENGING ACTIVITY

Nitric oxide (NO) has also been involved in a variety of biological functions, including neurotransmission, vascular homeostasis, antimicrobial, and antitumor activities. Despite the possible beneficial effects of NO, its contribution to oxidative damage is also reported. This is due to the fact that NO can react with superoxide to form the peroxynitrite anion, which is a potent oxidant that can decompose to produce OH and NO. The procedure is based on the principle that, sodium nitroprusside in

aqueous solution at physiological pH spontaneously generates nitric oxide which interacts with oxygen to produce nitrite ions that can be estimated using Griess reagent. Scavengers of nitric oxide compete with oxygen, leading to reduced production of nitrite ions. Large amounts of NO. may lead to tissue damage. Nitric oxide scavenging activity was measured spectrophotometrically. Sodium nitro prusside (5mmolL^{-1}) in phosphate buffered saline pH 7.4, was mixed with different concentration of the extract ($62.5\text{-}2000\mu\text{g mL}^{-1}$) prepared in methanol and incubated at 25°C for 30 minutes. A control without the test compound, but an equivalent amount of methanol was taken. After 30 minutes, 1.5mL of the incubated solution was removed and diluted with 1.5mL of Griess reagent (1% sulphanilamide, 2% phosphoric acid and 0.1% N-1-naphthyl ethylene diamine dihydrochloride). Absorbance of the

chromophore formed during diazotization of the nitrate with sulphanilamide and subsequent coupling with N-1 naphthyl ethylene diamine dihydrochloride was measured at 546nm and the percentage scavenging activity was measured with reference to the standard.

TOTAL ANTIOXIDANT ACTIVITY

0.3ml extract was obtained with 3ml of reagent solution (0.6ml H_2SO_4 , 28mM sodium phosphate and 4mM ammonium molybdate). The tube containing the reaction solutions were incubated at 95°C for 90 minutes. The absorbance of the solution was measured at 695nm against blank after cooling to room temperature (Methanol 0.3ml) in the place of extract was used as blank. The antioxidant activity is expressed as number of gram equivalent of ascorbic acid.

Isolation and characterization of phytoconstituents from ethanolic extract of *Homonoia Retusa*. whole plant

Elution of column A gradient elution technique was followed, the ratios are given in the following table:

Fraction number	Solvent ratio for column elution	Number of spots	Rf Value
1-6	100% P.E	-Nil-	-Nil-
6-20	P.E : B (9:1)	-Nil-	-Nil-
25-39	P.E : B (8:2)	-Nil-	-Nil-
40- 271	fraction	-Nil-	-Nil-
272-306	C : E.A (7:3)	One spot	0.62
307-320	E.A: Alcohol	-Nil-	-Nil-

P.E.: Petroleum ether, B: Benzene, C: Chloroform, M: Metanol

Evaporation of fraction

During the column elution process, the fraction 272-306 has a single banding pattern which was confirmed by TLC study. So the fractions are combined and kept for evaporation to dryness in room temperature. After drying the dried residue was scrapped off once again checked for its purity and named as B1. The remaining fractions were not worked out because of lower yield as well as impure. The compounds were sent for spectral analysis i.e., FTIR, LC-MS, ^{13}C NMR and HNMR for structural elucidation.

III. RESULT AND DISCUSSION

Several techniques have been used to determine the antioxidant activity in vitro in order to allow rapid screening of the extracts of *Homonoia Retusa*. Free radicals are known to play a definite role in a wide variety of pathological manifestations. Antioxidants fight against free radicals and protect us from various diseases. The electron donation ability of natural products can be measured by 2,20 -diphenyl-1- picrylhydrazyl radical (DPPH) purple-coloured solution bleaching¹⁴. The method is based on scavenging of DPPH through the addition of a radical species or

antioxidant that decolorizes the DPPH solution. The degree of color change is proportional to the concentration and potency of the antioxidants. A large decrease in the absorbance of the reaction mixture indicates significant free radical scavenging activity of the compound under test¹⁵. In the present study among all the fractions tested, ethanol extract showed significantly higher inhibition percentage. Results of this study suggest that the plant extract contains phytochemical constituents that are capable of donating hydrogen to a free radical to scavenge the potential damage and showed the presence of phenols. Superoxide radical is considered a major biological source of reactive oxygen species¹⁶. The results of our study revealed satisfactory with the ethanol extract and showed the presence of flavanoids.

The antioxidant capacity of the fractions were also performed. The results were satisfactory and showed the presence of both phenols and flavanoids. Hydroxyl radical is one of the potent reactive oxygen species in the biological system. It reacts with polyunsaturated fatty acid moieties of cell membrane phospholipids and causes damage to cell^{17,18}. The hydroxyl radical is regarded as a detrimental species in pathophysiological processes and capable of damaging almost every molecule of

biological system and contributes to carcinogenesis, mutagenesis and cytotoxicity¹⁹. Hydroxyl radicals were produced by the reaction of H₂O₂ and the ferrous that would react with 2-deoxyribose. The reaction was stopped by adding TBA reagent that would give a red color if the malonaldehyde was formed as the result of the reaction between the radical and 2-deoxyribose. Hydroxyl radical scavenging capacity of an extract is directly proportional to its antioxidant activity which is depicted by the low intensity of red colour²⁰. All fractions of *Homonoia Retusa*. when added to the reaction mixture actively scavenged the hydroxyl radicals and prevented the degradation of 2-deoxyribose. Hydrogen peroxide occurs naturally at low concentration levels in the air, water, human body, plants, microorganisms and food¹⁹. H₂O₂ is rapidly decomposed into oxygen and water and this may produce hydroxyl radicals (•OH) that can initiate lipid peroxidation and cause DNA damage²¹. Ethanol fraction of *Homonoia Retusa*. efficiently scavenged hydrogen peroxide which may be attributed to the presence of phenolic groups that could donate electrons to hydrogen peroxide, thereby neutralizing it into water.

Nitric oxide (NO) is a potent pleiotropic inhibitor of physiological processes such as smooth muscle relaxation, neuronal signaling, and inhibition of platelet aggregation and regulation of cell mediated toxicity²². In addition to reactive oxygen species, nitric oxide is also implicated in inflammation, cancer and other pathological conditions^{23,24}. NO is known to be a ubiquitous free-radical moiety, which is distributed in tissues or organ systems and is supposed to have a vital role in neuromodulation or as a neurotransmitter in the CNS²⁵. In the previous study, all the three extracts of *Homonoia Retusa*. showed significant decrease in the NO radical due to the scavenging ability. This was due to the presence of numerous flavonoids, including quercetin, kaempferol, catechin, rutin, and naringin²⁶.

Determination of Invitro antioxidant activity of extracts of stem of *Homonoia Retusa*.

The in vitro antioxidant activity by hydroxyl radical scavenging activity, super oxide free radical scavenging activity, DPPH assay, nitric oxide radical scavenging activity, total antioxidant activity were conducted. Control and the stem chloroform ethanol and water extracts of *Homonoia Retusa*. (Test) were used. The test results are presented in Table 1-5 and Figure 1-5. Antioxidant activity of plant extracts was carried at different concentrations to determine the IC₅₀ (50% growth inhibition). The high antioxidant activity was with ethanolic extract of *Homonoia Retusa*. in Table 6. It was found that, the

percentage of growth inhibition is increasing with increasing concentration of test compounds.

Isolation and characterization of phytoconstituents from *Homonoia Retusa*.

Homonoia Retusa. was extracted by the successive solvent extraction by means of a soxhlet extractor, using hexane, petroleum ether, chloroform, ethylacetate, ethanol and water. The extracts were concentrated and were subjected to a preliminary phytochemical screening. The ethanol, chloroform and water extracts were having maximum number of constituents. Classically the plant was used as an anticancer agent in various parts of Kerala. So these extracts were subjected to antioxidant activity.

Among the three extracts ethanol extract was having maximum antioxidant activity. So the ethanol extract was subjected to column chromatography, by means of gradient elution technique. The fraction 272-306, gave two compounds B1. Later by spectral analysis they were found to be **Coumaric acid-O-glucoside**.

Interpretation and observation of B 1 sample²⁷:

The isolate B 1 was a White colored powder, of M.P280⁰c, give a single spot on TLC with BAW of R_f value 0.84 and of λ max : 227nm. This shows the isolate B1 is **Coumaric acid-O-glucoside** Figure : 5. The compound in its IR spectra exhibited absorption bands at 1000 – 750 cm⁻¹ for aromaticity, 1500 – 1250 cm⁻¹ for alkyl, 1662 cm⁻¹ a broadband for ketone and bands at 3406 cm⁻¹ and 3315 cm⁻¹ for phenolic OH group. Figure: 1. The LC-MS data shows a peak at retention time 23.4 and molecular weight of 325 in negative mode. Figure : 2. In its ¹H-NMR spectra shows, bands between δ 7.2-7.8 shows aromaticity, δ 3.2 - 3.5 shows presence of -CH₂-, -CH and an instance peak at δ 4.79 shows the presence of OH group. Figure : 3. ¹³C-NMR spectrum exhibits a signal at the range δ 128 - 131 shows the presence of aromaticity with 7 carbon atoms. So an aromatic ring may be present. An instance band at δ 49 shows the presence of the alkyl group. Figure : 4.

IV. CONCLUSION

The plant *Homonoia Retusa*., ethanol extract was having good antioxidant activity when compared to the other extracts, showed minimum IC₅₀ value. So further studies were conducted for isolation and identification of biologically active substances by column chromatograph. It confirmed the presence of phenolic compound, **Coumaric acid-O-glucoside**. As phenolic compounds are having antioxidant activity, we concluded that the antioxidant activity of the ethanolic extract was due to the presence of these compounds.

Fig 1: FTIR data of B 1

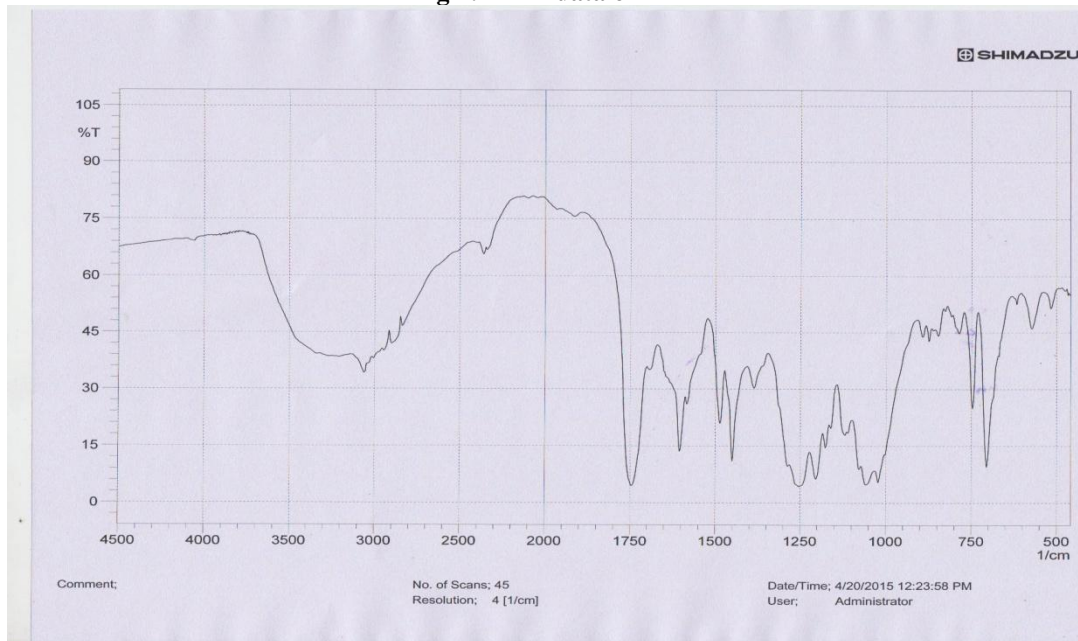


Fig 2: LC-MS data of B1

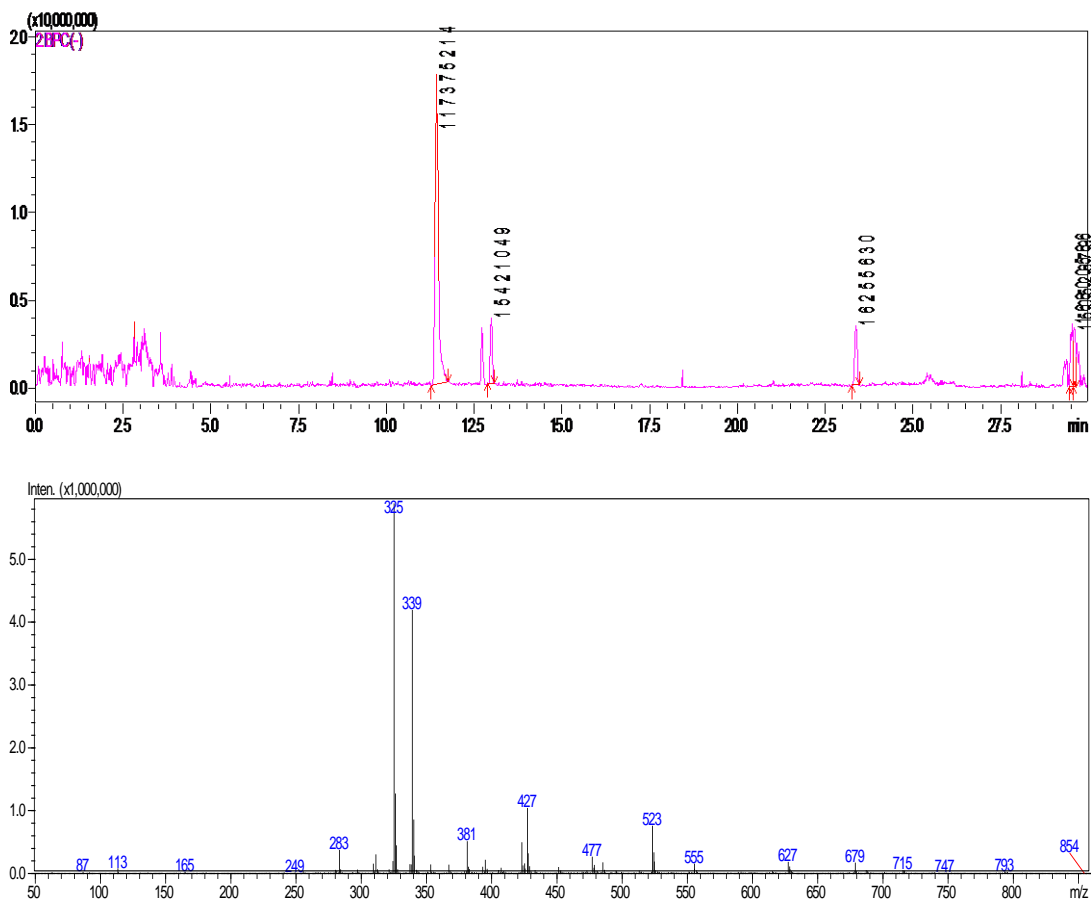


Fig 6: Comparison of % inhibition of extracts of *Homonoia Retusa*. By DPPH

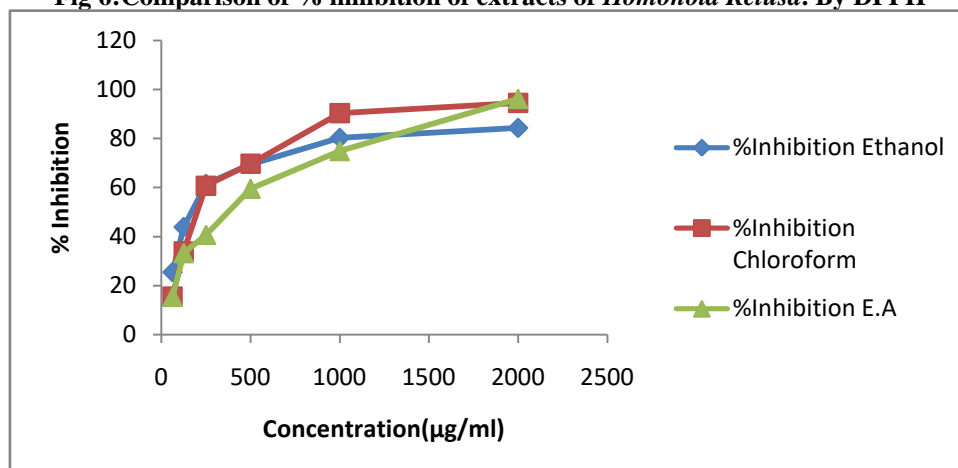


Fig 12: Comparison of % inhibition of extracts of *Homonoia Retusa*. by hydroxyl radical scavenging activity

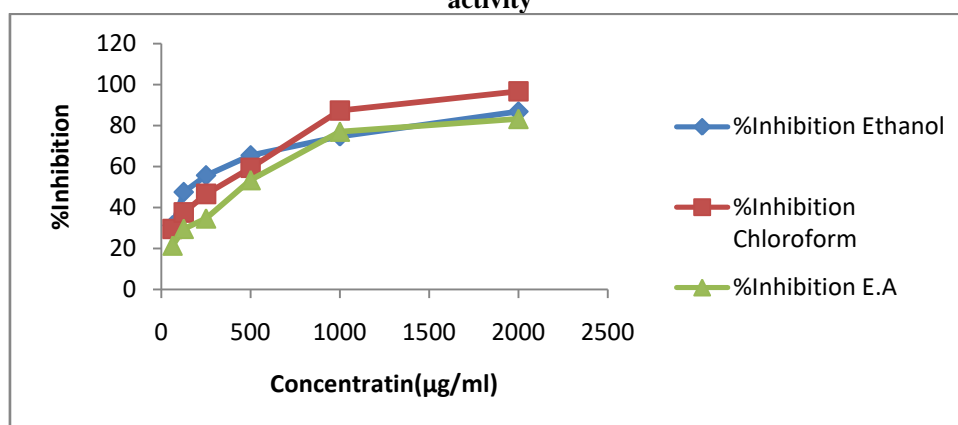


Fig 13: Comparison of % inhibition of extracts of *Homonoia Retusa*. by nitric oxide radical scavenging activity

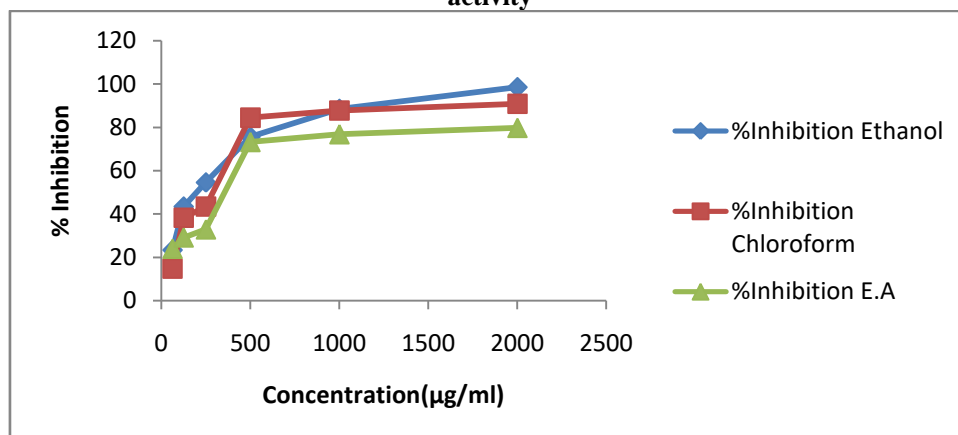


Fig 14: Comparison of % inhibition of extracts of *Homonoia Retusa*. by super oxide free radical scavenging activity

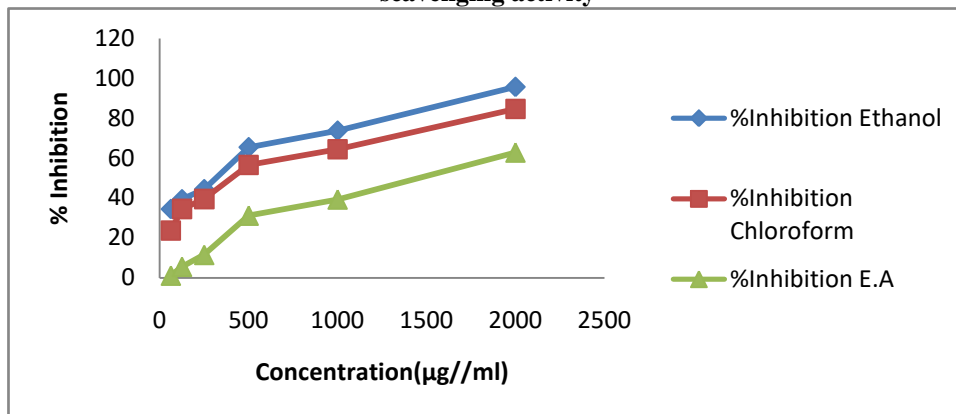


Fig 15: Comparison of % inhibition of extracts of *Homonoia Retusa*. by total antioxidant activity

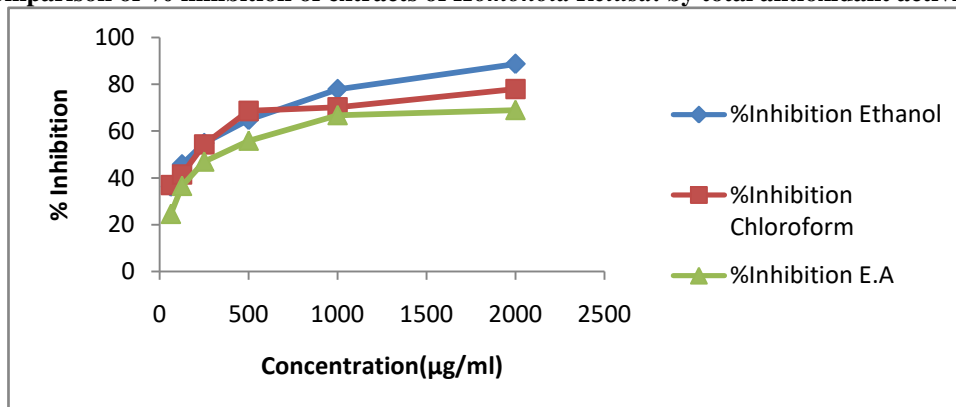


Table 1: Comparison of % inhibition of extracts of *Homonoia Retusa*. By DPPH

Con(µg/ml)	%Inhibition		
	Ethanol	Chloroform	E.A
62.5	25.49	15.59	15.35
125	43.89	33.99	33.21
250	61.44	60.74	40.69
500	69.43	69.73	59.52
1000	80.25	90.35	74.89
2000	84.32	94.51	96.18

Table 2: Comparison of % inhibition of extracts of *Homonoia Retusa* By hydroxyl radical scavenging activity

Con(µg/ml)	%Inhibition		
	Ethanol	Chloroform	E.A
62.5	31.26	29.56	21.48
125	47.51	37.56	29.64
250	55.67	46.62	34.71
500	65.42	59.39	53.40
1000	74.68	87.34	77.06
2000	86.79	96.67	83.26

Table 3: Comparison of % inhibition of extracts of *Homonoia Retusa* by nitric oxide radical scavenging activity

Con($\mu\text{g/ml}$)	%Inhibition		
	Ethanol	Chloroform	E.A
62.5	23.43	14.81	23.90
125	43.44	38.33	29.14
250	54.56	43.45	32.86
500	75.57	84.46	73.25
1000	88.46	87.78	76.85
2000	98.45	90.88	79.80

Table 4: Comparison of % inhibition of extracts of *Homonoia Retusa* by super oxide free radical scavenging activity

Con($\mu\text{g/ml}$)	%Inhibition		
	Ethanol	Chloroform	E.A
62.5	34.46	23.76	1.21
125	39.35	34.56	5.61
250	44.42	39.54	11.57
500	65.45	56.62	31.22
1000	73.74	64.47	39.29
2000	95.67	84.58	62.80

Table 5: Comparison of % inhibition of extracts of *Homonoia Retusa* by total antioxidant activity

Con($\mu\text{g/ml}$)	%Inhibition		
	Ethanol	Chloroform	water
62.5	35.22	26.79	13.42
125	41.34	30.21	25.54
250	49.55	39.71	36.75
500	73.67	64.20	65.54
1000	78.11	66.97	67.6
2000	88.61	78.03	75.21

Table 6: Comparison of IC 50 of extracts of *Homonoia Retusa* by antioxidant tests

Antioxidant test	DPPH	Hydroxyl radical scavenging activity	Nitric oxide radical scavenging activity	Super oxide free radical scavenging activity	Total antioxidant activity
Chloroform	240.645 $\mu\text{g/ml}$	749.345 $\mu\text{g/ml}$	345.71 $\mu\text{g/ml}$	612.91 $\mu\text{g/ml}$	627.2 $\mu\text{g/ml}$
Ethanol	90.645 $\mu\text{g/ml}$	244.61 $\mu\text{g/ml}$	155.22 $\mu\text{g/ml}$	197.39 $\mu\text{g/ml}$	270.43 $\mu\text{g/ml}$
Water	411.6129 $\mu\text{g/ml}$	1034.848 $\mu\text{g/ml}$	708.8 $\mu\text{g/ml}$	641.66 $\mu\text{g/ml}$	756.79 $\mu\text{g/ml}$

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